

<b>Aim Finish Time</b>	<b>Miles</b>	<b>KM Sign</b>	<b>03:00:00</b>	<b>03:10:00</b>	<b>03:20:00</b>	<b>03:30:00</b>	<b>03:40:00</b>
Five Mile Bridge	4.6	8	00:24:51	00:26:17	00:27:44	00:28:52	00:30:19
Bardney Lock (arrive)	8	13.5	00:43:22	00:45:52	00:48:23	00:50:23	00:52:54
Bardney Lock (depart)	8	13.5	00:48:22	00:50:52	00:53:23	00:55:23	00:57:54
Southery Station	11.7	19	01:08:40	01:12:20	01:16:01	01:18:58	01:22:39
Stixwould Ferry	13.3	22	01:17:29	01:21:40	01:25:52	01:29:13	01:33:24
Kirkstead Bridge	15.4	25.3	01:29:06	01:23:58	01:38:50	01:42:43	01:47:35
Tattershal Bridge	19.7	32	01:53:03	01:59:18	02:07:33	02:12:32	02:18:47
Kyme Eau	21.6	35	02:05:42	02:12:34	02:19:26	02:24:55	02:31:47
End of 1st Straight	23.5	38	02:16:23	02:23:52	02:31:21	02:37:20	02:44:49
Langrick Bridge	27.2	43.5	02:37:19	02:46:00	02:54:42	03:03:39	03:12:20
Antons Gowt	29.4	47	02:49:47	02:59:12	03:08:37	03:18:08	03:27:33
Finish	31.2	50.2	03:00:00	03:10:00	03:20:00	03:30:00	03:40:00

<b>Aim Finish Time</b>	<b>Miles</b>	<b>KM Sign</b>	<b>03:50:00</b>	<b>04:00:00</b>	<b>04:10:00</b>	<b>04:20:00</b>	<b>04:30:00</b>
Five Mile Bridge	4.6	8	00:31:45	00:33:11	00:34:37	00:36:03	00:37:30
Bardney Lock (arrive)	8	13.5	00:55:24	00:57:54	01:00:25	01:02:55	01:05:26
Bardney Lock (depart)	8	13.5	01:00:24	01:02:54	01:05:25	01:07:55	01:10:26
Southery Station	11.7	19	01:26:19	01:30:00	01:33:41	01:37:22	01:41:03
Stixwould Ferry	13.3	22	01:37:36	01:41:47	01:45:59	01:50:10	01:54:21
Kirkstead Bridge	15.4	25.3	01:52:26	01:57:18	02:04:10	02:09:01	02:13:53
Tattershal Bridge	19.7	32	02:25:02	02:31:17	02:37:32	02:43:46	02:50:01
Kyme Eau	21.6	35	02:38:38	02:45:30	02:52:22	02:59:13	03:08:05
End of 1st Straight	23.5	38	02:52:18	02:59:47	03:09:15	03:16:44	03:24:13
Langrick Bridge	27.2	43.5	03:21:02	03:29:43	03:38:25	03:47:05	03:55:47
Antons Gowt	29.4	47	03:36:58	03:46:23	03:55:47	04:05:11	04:14:37
Finish	31.2	50.2	03:50:00	04:00:00	04:10:00	04:20:00	04:30:00

<b>Aim Finish Time</b>	<b>Miles</b>	<b>KM Sign</b>	<b>04:40:00</b>	<b>04:50:00</b>	<b>05:00:00</b>
Five Mile Bridge	4.6	8	00:38:39	00:40:05	00:41:31
Bardney Lock (arrive)	8	13.5	01:07:26	01:09:56	01:12:27
Bardney Lock (depart)	8	13.5	01:12:26	01:14:56	01:17:27
Southery Station	11.7	19	01:43:59	01:47:40	01:51:21
Stixwould Ferry	13.3	22	01:57:42	02:03:54	02:08:05
Kirkstead Bridge	15.4	25.3	02:17:46	02:22:38	02:27:30
Tattershal Bridge	19.7	32	02:55:01	03:03:15	03:09:30
Kyme Eau	21.6	35	03:13:34	03:20:26	03:27:18
End of 1st Straight	23.5	38	03:30:11	03:37:40	03:45:09
Langrick Bridge	27.2	43.5	04:04:44	04:13:25	04:22:57
Antons Gowt	29.4	47	04:24:07	04:33:32	04:42:57
Finish	31.2	50.2	04:40:00	04:50:00	05:00:00